

# PARKINSON'S-RELATED HALLUCINATIONS AND DELUSIONS

If you or the person you care for is living with hallucinations or delusions associated with Parkinson's disease (PD), you're not alone. Over the course of their disease, about 50% of people living with PD may see things that aren't there or believe things that aren't true. Getting help starts with talking to your healthcare provider—and this guide can help.

## COMPLETE THIS CHECKLIST, AND BRING IT WITH YOU TO YOUR NEXT APPOINTMENT.

**If you are living with PD, please read the following statements and check all that apply:**

Others tell me what I am hearing, seeing, or sensing (eg, people, animals, or objects) is not actually there (hallucinations).

This happens \_\_\_\_ times per month.

I have beliefs or fears that a loved one (perhaps a spouse, care partner, or friend) is stealing from me or being unfaithful (delusions).

I have shared these experiences with my loved ones.

These experiences are having an impact on my family or care partner.

**If you are a family member or care partner of someone living with PD, please read the following statements, and check all that apply:**

I have observed my loved one interacting with things, seeing things, or sensing things that are not there (hallucinations).

My loved one has had false beliefs toward me or others, such as believing someone is stealing from them or being unfaithful (delusions).

My loved one recognizes that the experiences above are not real.

These experiences have affected our daily lives and/or our relationship.



## QUESTIONS TO ASK THE HEALTHCARE PROVIDER ABOUT THESE EXPERIENCES:

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